

THE WEEK OF PRAYER IN TRONDHEIM

This year's theme:

Come, and you will see
(John 1,38ff; Mark 9,2ff)

DEAR PRAYER-GUARD

Please help yourself to coffee, tea and snacks



In case of fire: There is an alternative escape route through the gallery and down the stairs in front, in addition to the regular entrance down the main staircase. There are fire hoses in the stairwell (the main staircase). Fire extinguishers are available in the kitchen, in the hall, great hall, 2nd floor, etc. In the event of a small fire, please extinguish it. (eg. napkin fire), otherwise notify the fire department.

1. Fire reported immediately to **110**
2. Anyone who is threatened by smoke or fire evacuated via the main exit or one of the emergency exits
3. Close doors and windows
4. Attempt to extinguish the fire
5. Make sure to meet/communicate with the fire department when they arrive

Prayerguard responsibility;

Bente Denstad	mobile; 92 29 66 03
Reidun Løvdal	mobile; 92 88 59 46

Thank you for praying!

Here is a guide to help you pray during the time you`re here:

During hand-over time:

- You may pray a short prayer together with those who have been praying before you. Thank God for them and pray for God`s protection for each other.

Start:

- Glorify, praise and worship God. He is our Lord, Creator and Saviour!
- Confession: pray that God will take away whatever comes between you and God. Pray for help to concentrate.
- Read and pray from Ephesians 6, 10-18: Be strong in the Lord and in the strength of his power. Put on the whole armour of God, so that you may be able to stand against the wiles of the devil. For our struggle is not against enemies of blood and flesh, but against the rulers, against the authorities, against the cosmic powers of this present darkness, against the spiritual forces of evil in the heavenly places. Therefore take up the whole armour of God, so that you may be able to withstand on that evil day, and having done everything to stand firm. Stand therefore, and fasten the belt of truth around your waist, and put on the breastplate of righteousness. As shoes for your feet put on whatever will make you ready to proclaim the gospel of peace. With all of these, take the shield of faith, with which you will be able to quench all the flaming arrows of the evil one. Take the helmet of salvation, and the sword of the Spirit, which is the word of God. Pray in the Spirit at all times in every prayer and supplication. To that end keep alert and always persevere in supplication for all the saints.
- Thank God that He is present and hears our prayers.

Pray for the following prayer themes:

- Find out what the theme is for your duty (see the list)
- Divide up the themes and focus on one thing at a time.
- Make use of the room.
- Alternate between praying together, being quiet, listening to God and discussing anything that is special that comes to mind with regard to what is being prayed about and then pray about it.

Continue with the prayer theme

- Talk together. Was there anything you thought about, any special thoughts or pictures that came to you?

Ending

- You may finish by worshipping and praising God if that feels natural.
- Pray for the next person(s) on duty.

God bless you!

Prayer themes throughout the day and night

Hour by hour

- 00 – 01 Trondheim's teenagers
- 01 – 02 The churches' diaconal work
- 02 – 03 The different areas of town, special places
- 03 – 04 Prayer groups in the churches
- 04 – 05 Our non-believing friends and neighbours
- 05 – 06 Youth work in the churches
- 06 – 07 Town leaders, police, health service, school
- 07 – 08 Spiritual life in the churches.
- 08 – 09 Trondheim's children
- 09 – 10 Leadership in the churches – councils
- 10 – 11 Trondheim's criminal environment
- 11 – 12 Churches' meetings and fellowship
- 12 – 13 Trondheim's spiritual climate
- 13 – 14 Christian unity – the persecuted Church
- 14 – 15 Students and places of study in Trondheim
- 15 – 16 Churches' ability and willingness to reach out to new people.
- 16 – 17 People in different life situations
- 17 – 18 The world today and the Middle East
- 18 – 19 The grieving, sick and weary in Trondheim
- 19 – 20 Industry and places of work
- 20 – 22 Fellowship meetings – praise, teaching and prayer
- 22 – 23 Families – marriage, parents and children
- 23 – 24 Our new citizens, newcomers to Norway

The teens of the city

Lord, we ask you... For the teens of Trondheim

Let them see that Jesus is relevant in their lives, that he has a plan with their lives and that he loves them

We pray for security and healthy relationships with their families, friends etc.

Let them see that they have a father in heaven that cares for them.

Help them to see that they have value in themselves.

Give them strength to make good choices, and give them courage to be themselves and not drown in the expectations of fashion and success.

Let them have strength to stand against temptations like drugs/prostitution/alcohol.

Let the teens meet people who can give good advice and support.

Give christian teens boldness to share their testimony and show who they believe in.

Let the teens have their identity in something greater than money, education and work.

We pray for 22b – one of Salems places where they work with youths and young teens in and around Trondheim Torg.

Impuls Trondheim is going to be arranged during the first weekend of February, in Charlottenlundhallen. Meet those who attend, Lord.

Thank you God. You know of every teen. Create a longing for you in every one of them. Send believers their way so the non-believers can meet someone who can lead them to you. Thank you Lord, for your love and care for all Creation.

01-02

The church's diaconal work.

Jesus has called us to freedom, and believing is the way to join him in his love. Serve each-other in love. Because the entire law gets summarized in this one judgement: you shall love your next as yourself. (Galatians 5)

Lord we ask you... For all diaconal work in Trondheim...

For the work I am a part of and that I know of.

For the mission work of the church.

For the Salvation Army.

For Salems diaconal work: 22b with homeshares.

For the café "Omsorgskafeen" and other places that tries to help.

For morning-gatherings in different churches.

For "Bymisjonen's" work from "Vår Frue Kirke".

For the visiting-service in the churches serving those who need assistance in getting out.

We ask you to help organize this work in a good way.

Lord, help us to see and help those who need it the most.

Lord, give strength and wisdom to those who lead this work.

Thank you heavenly Father, you have given us Jesus. We are not alone, because you Lord Jesus are with us and lead us AND give us power and strength. Give us contentness in serving you.

Different parts of the city/strategic places

And seek the peace of the city whether I have caused you to be carried away captives, and pray unto the Lord for it: for in the peace thereof shall ye have peace. (Jeremiah 29:7)

We pray for our city (peaceful development): The schools, the kindergartens, the places where we grew up and the place where we live side by side with our neighbours.

For Trondheim city:

Courthouse – laws and rights

The Town hall-the leaders of the city

Trondheim Torg (square)- people and shopping

Police-"on the street" and investigation

Tunga prison – prisoners and employments

for all hospitals and other institutions.

Give the employees love, strength and happiness in their work

for our schools and universities

NTNU (Gløshaugen, Dragvoll and other campuses)

For our business community and the christian second-hand stores.

For Tyholt (Radio/TV) and Adresseavisen and the cultural life with the theatre and more.

For the reception center at Sandmoen, fair asylum-politics, good integretion, and christian intercultural work.

Lord, you have all power in the heaven and here on this very earth. You want everyone to get saved. Lord, have mercy on us.

The prayer work in the churches.

If ye abide in me, and my words abide in you, ye shall ask what ye will, and it shall be done unto you. 8 Herein is my Father glorified, that ye bear much fruit; so shall ye be my disciples. (John 15, 7-8)

Lord Jesus, thank you for your promises, you have all authority and power in heaven and on earth.

Thank you that you surround us on every corner and walk with us.

Thank you for your forgiveness and for giving us a new beginning.

Thank you for the blessings you provide to each of us.

Thank you for showing us the way and for listening to our prayers

Create in us a longing for understanding of your Word, Jesus.

Give us the grace and the spirit of prayer

Teach us to pray according to Your will

Help us to hear and accept the Word.

"Not by might, nor by power, but by my Spirit saith the Lord of hosts" (Sak4,6)

Let this prayer week become a turning point, so that prayer is given priority

Thanks to all who pray and have that as their special task.

Give us strength and joy and make us persevere.

Help us to encourage more people to come to this service.

We pray for our country, government and for people with responsibility.

Lord, let your kingdom grow in Trondheim (our community).

Break the evil grip in our society and in Europe

Take dominion over the media

Help us to use your funds. BE AWAKE AND PRAY AND FAST

When we work, we are working, and when we pray... God is working!

Thank you Lord, for hearing our prayers. Let your will be done. (Not mine.)

04-05

Our non-believing friends and neighbors

Go ye therefore, and teach all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Ghost (Matthew 28:19)

"Before I talk to my neighbor about God, I talk to God about my neighbour."

Dear God, you are a father who is longing and seeking those who have gone astray. Give me a little piece of your heart, Father. *Add as much distress on our hearts that we can carry*

Show me a man – a friend, colleague, neighbor, relative – who is open to you. I pray that they will be shown to me.

Let me bring peace and blessing wherever I go.

"But as you enter a house, you shall say: May peace be with this home. (Luke 10)

Help me spend two minutes extra when meeting others in a hectic day. Give me peace to ask how they're doing, and to listen to the answer.

Show me how I can meet my own and other peoples needs during the day. Make me practical and inventive. Help me see and meet others according to your words and will.

Help me to show, and to accept hospitality and to show understanding of different cultures.

Give me boldness, when it feels natural, to testify with simple words what you, Jesus, mean to me.

Jesus – when I have experienced the joy of leading another man or woman to you: let me experience it once more.

05-06

The Churches work with youth and teens

I am the door: by me if any man enter in, he shall be saved, and shall go in and out, and find pasture. (John 10,9)

Lord, we pray to you... for the young people in our churches.
We pray for the christian community among the youth.
Let them find places where they feel at home, well and with which they can identify with.

Let those places be places where they can get to know you, Jesus.

Bless all youth-leaders, help them create safe environments and give them the wisdom to teach Your Word.
Give the leaders joy and inspiration in their service.

Give Christian youth joy, safety and pride of being Christians.
Show us how we can reach out to the Young.

Let the involvement of going out be strong
Let the youth who visit these places get to acknowledge that you God are a personal god and relevant for youth today. May you, Lord become the steadfast ground on which they can stand in a time with frequent changes, huge challenges and expectations.
Lord, we pray to you

Let IMPULS (youth conference in Charlottenlundhallen in February) become a meeting-arena between God and the young ones.

*My son, if thou wilt receive my words, and hide my commandments with thee; so that thou incline thine ear unto wisdom, and apply thine heart to understanding;
yea, if thou criest after knowledge, and liftest up thy voice for understanding; if thou seekest her as silver, and searchest for her as for hid treasures; then shalt thou understand the fear of the Lord, and find the knowledge of God.
(Proverbs 2,1-5)*

Municipality, police, school, health-care

Lord, we pray... for our authorities, for everyone who has responsibility in our city

NAV

Give wisdom to the employees, so the population of the city are met in a good way and get help. Give good cooperation-conditions within the district of the city. Let there be good cooperation between: NAV, municipal services: (social welfare, adults, children, health-services).

Trondheim Municipality

We pray for the politicians, mayor and vice mayor. Help them make decisions to the best for the citizens. Let all children have friends and enjoy the fact that they have value in themselves. Give adults keys to stop bullying and everything that can lead to bullying. Give youth that have problems courage and boldness to contact adults. Let every child grow up in a caring and loving environment. Let children and families who experience violence get help. Let us dare to care – for the sake of the children. Help children and young ones so they can grow respect for each-other

Police

Lord, we pray: break down the powers of darkness, and let your Light shine into criminal environments. Give the police wisdom, strength and insight in all they do so that mutual respect grows.

School

Create good environments, in which children and adults are happy and thrive.

We pray for teachers – give them love, insight and wisdom. Help teachers create good structures and set visible goals for children
Help adults see those who are struggling and need help and support.

Health-care (Helsevesenet) We pray for more resources for the home-service, more time for every user. For the different health-institutions: hospitals, psychiatric wards, and more. Lord, give strength, happiness, joy and good health for both employees and users.

Spiritually life in the churches

Then will I sprinkle clean water upon you, and ye shall be clean: from all your filthiness, and from all your idols, will I cleanse you. A new heart also will I give you, and a new spirit will I put within you: and I will take away the stony heart out of your flesh, and I will give you a heart of flesh. And I will put my spirit within you, and cause you to walk in my statutes, and ye shall keep my judgments, and do them. (Ezekiel 36, 25-28)

Lord, we ask you... Show us your face and your holiness (2.Cor 2:17-18)

Give us more longing for holiness in our lives, let us meet you, Lord. (1 Thess 4: 1-12)

Let us know that the Lord is good (Psalm 34:9)

Give us a deeper understanding of you, God, and what you have done for us. (Eph 1:17-23; Isaiah 6:3)

Give us the spirit of prayer (Zechariah 12:10 ; LK 2:37)

Give us a deeper love for all people (Isaiah 61.1-3)

Come, Spirit, fill our churches with power and wisdom (Acts 2:1-4)

Give us love for our brothers and sisters in faith. (Joh 17)

Let our churches become a place where caring and compassion is exercised (2. Tess 3:5 ; Acts 2:42-47 ; John 13:35)

We thank you, our God, you have all power in heaven and on earth. Thank you for letting us rest in you grace and live in Your Holy Spirit.

Give us a warm and soft heart...

Hear our prayer!

08-09

The children of this city

Jesus said, "Let the little children come to me, and do not hinder them, for the kingdom of heaven belongs to such as these" (Matthew 19:14).

Lord, we pray.. that all our children are given a safe and loving upbringing. Let all children have adults who care for them. We pray for all homes – give parents strength and the will to stand together.

We pray for the public institutions that work with children, youth and families; BUP (child and youth psychiatry), foster care, orphanages (Heggli and Catarinasenteret), Rabita and other support measures for unaccompanied minor refugees, the child welfare system, The Church City mission who runs the care-station for children and young ones, the youth-base. We pray for the teaching of the Churches in Norway

We pray for all children who;
-experience broken homes, and suffer because of adult's priorities.
-are lonely, and for those who are bullied.
-are victims of abuse and experience domestic violence
-are children of addicts, and children who have experienced war.
Give adults love and courage to care!

Lord, we pray that children are loved and experience life as you would wish for them.

Bless and Safeguard all child activities. Let there be places where children feel safe and have a good time. Give wisdom to all those who work with children and help those who feel a call to come forward for this important work. Guide those who lead to teach Christian values, where companionship, love and joy blossom.

Jesus, may your presence abide in our kindergartens and schools. May all children get to know you, Jesus!

Thank you, heavenly Father, for saving our children (Isaiah 49:25)

The churches leadership

And we beseech you, brethren, to know them which labour among you, and are over you in the Lord, and admonish you; and to esteem them very highly in love for their work's sake. And be at peace among yourselves. (1. Thess 5: 13-14)

Lord, we pray... for all councils, elders, leadership, parishes, all who have responsibility for your church in our town.

We pray for all leaders and their families. Help them to live a straight life for you, to be good husbands and wives, good parents, friends, neighbors and children of God (1. Tim 3.1-15)

Help them to become good leaders and pastors. (Psalm 23; 1 Tim 4, 11-16)

Create a longing in them after being with you, Lord (2. Thess 3:17)

Lord, help all leaders and those who re going to preach their word in silence and spend time with you, so they can listen to your heartbeats. May your service be led by you. Let them be a channel for your power. (John 16:13-15; Psalm 51: 8, 12, 19)

Lord protect all leaders and their families from the evil's attack. We pray for protection from burnout and other health problems, from discouragement and pride. (Mark 6,31)

Create a common spirit in our churches so we can bear one another in love. We pray for openness and willingness to obedience and peace between leaders and churches. (Ephesians: 4, 1-7 + 13)

Lord, make the churches to a place that can be fruitful. Where your love reigns. (John 15:15+17)

10-11

The criminal groups of the city.

For the Son of man is come to seek and to save that which was lost. (Luke 19:10)

Lord we pray... Defeat all crime in Trondheim.
Put an end to human trafficking / sex slavery, drug trafficking, theft, violence, rape, murder, financial crimes..

Bless the police and judiciary so that the detection rate increases.

Comfort and help those who are victims of crime.

For the criminals so they can recognise the wrong things they do, that they serve their penalty which leads to a fresh start with self-respect and dignity.

For the prisoners at Tunga, and others, that they get the desire and ability to change their life.

Let the spirit of God affect the heavy criminals to get turned to you.

Set drug-addicts and prostitutes free of their negative bindings and environment and into a positive environment that builds them up.

Heal the wounds that belong to the past. We pray that all those who have done wrong, recognise the wrong they have done, and ask for forgiveness.

We pray the police, prison services, and for those who help the criminals find a new way of life.

Lord, protect young ones against the Evil One. Let them experience that they are your sons and daughters and stop them from getting into negative environments.

Thank you Jesus, that you did not come to condemn the world, but so that the world would be saved. (John 3:17)

11-12

Meetings and companionship of the churches

I am the vine, ye are the branches: He that abideth in me, and I in him, the same bringeth forth much fruit: for without me ye can do nothing. (John 15:5)

Lord, we pray... for your guidance to help us at our gatherings and meetings that they should be constructive and forward looking giving the best for all concerned.

Let prayer be essential as we meet.

For all who teach and preach: Come, Holy Spirit, make the message alive and life-changing. Give boldness so that the Word of God may be preached clearly, purely and fully. Lord. Guide them, give them the right words, and help them communicate so that your word can touch hearts.

Let those responsible for schedules, meetings and gatherings see that they are dependent of you,

Show us how to reach new people with the Gospel.

For fellowship in the churches: May your love be there, so we can relate to one another as brothers and sisters.

Help us to identify newcomers and welcome them into the community.

Create warm and safe environments that gives freedom so we can be ourselves and share our lives with each other.

Help us show hospitality and to open our homes. (Hebrew 13, 2)

Lord show us where and how we can create good places to meet, where new people would like to join a church community, feel at home, to the enrichment of all.

...And they, continuing daily with one accord in the temple, and breaking bread from house to house, did eat their meat with gladness and singleness of heart, praising God, and having favor with all the people. And the Lord added to the church daily such as should be saved (Acts 2, 42-47)

Lord, teach me your ways and teach me your paths (Psalm 25; Acts 2,44)

12-13

The spiritual climate of the city

Bless the Lord, o my soul: He forgives all sins and heals your diseases. He redeems your life from the pit and crowns you with love and mercy. (Psalm 103)

Lord, we pray...

Forgive us all our sins and wrongs that have been committed and are being committed in our city. (Nehemiah 1:3-7)

Let us be filled with more of your Holy Spirit.

Turn over here, for we are your people. All of us. (Isaiah 64:1-11 and 65:1)

Send "your rain" and your atmosphere over us.

Let our minds be shaped by You (Zechariah 10:1 ; Isaiah 41:17-20)

Thanks for your word and promises. Help us live by it. (Psalms 103)

Lord, protect us! Break The Evils plan " to steal, kill and destroy". (John 10.10-11)

Show us the presence of the Evil One and give us strength to fight him in prayer, fasting and endurance. (Luke 10, 18-20 ; 1 Peter 5, 8-9)

But the fruits of the Spirit are love, joy, peace, long-suffering, gentleness, goodness, faith, meekness, temperance. (Galatians 5, 22-23).

God help us build church communities in which the fruits of the Spirit flourish.

Thank you God for your glory and your grace.

Hide your face from my sins, and delete all my sin. Create a pure heart in me, God, give me a new spirit! (Psalms 51)

Let us live in grace and forgiveness with ourselves and our neighbours.

13-14

Christian unity – the persecuted church

I therefore, the prisoner of the Lord, beseech you that ye walk worthy of the vocation wherewith ye are called, with all lowliness and meekness, with long-suffering, forbearing one another in love; endeavoring to keep the unity of the Spirit in the bond of peace. (Ephesians 4,1-6)

Lord, we ask you... Forgive us all wrongs that exist between your children in the different churches.

May your love affect us: *"Let brotherly love continue"*. (Hebrews 13: 1)

Create respect, openness and love between priests, pastors and leaders of the different churches.

Thank you for this week of focus on Christian unity. Bless the ecumenical work being done in our city and world wide.
Help us to see that we have a common service for You.

Lord, be close to those persecuted for their faith. Fill their hearts and minds with your love, your hope and your peace. (Hebrew 13: 2 ; Matthew 25,26.) May your testimony lead others to you.

We pray for "Open Doors" and "Stefanusalliansen" and their work for people who are victims of abuse and persecution for their faith.

For countries where war or discontent prevail: Syria, North Korea, China, Burma, Laos, Vietnam, Indonesia, Iraq, Iran, Sudan, South Sudan, Kenya and the Middle East and North Africa.

We pray for countries in which there is persecution against Christians, this is on the rise. *(examples*

But speaking the truth in love, may grow up into him in all things, which is the head even Christ: (Eph 4: 14-16)

14-15

The city's students and campuses

Train a child in the way he should go: and when he is old, he will not turn from it. (Proverbs 22:6)

Lord, we pray... for your presence at campuses. (Gløshaugen, Dragvoll, BI, etc.)

Protect and bless all students of the city

For the churches different studentwork and student outreach.

For "ny generasjon" and "International Fellowship of Evangelical Students" (IFES)". We pray for your leadership and protection for those who run these ministries and your blessing on their work.

For student priests. Guide student priests in their vocation and help them to ensure that students have a spiritual component in their lives.

We pray for a good community for students to have constructive fulfilled lives, while on campus and in their free time.

(studentersamfunnet)

For good teachers and well- prepared lectures.

For good friends and welfare

For right allocation of the time

Help the churches to make it easy for the students to feel welcome and be a part of the church community.

"For the Lord giveth wisdom: Out of his mouth cometh knowledge and understanding. My son, receive my words, and hide my commandments with thee. (Proverbs 2: 6+1)

15-16

The Church's ability and willingness to reach out

But ye shall receive power, after that the Holy Ghost is come upon you: and ye shall be witnesses unto me both in Jerusalem, and in all Judea, and in Samaria, and unto the uttermost part of the earth. (Acts 1:8)

Lord, we pray...

Give us love for everyone who do not know you
Let the churches be lit and filled up with your power (Luke 24:49)
-To actively meet others with Your love,
To see, listen and serve
Make our communities capable of receiving those who need help and support.
Let the "others" experience that we love each-other
(John 13: 34-35)

Give all who preach your word boldness to speak the truth about life
About the fragility and vulnerability of life.
About the fact that we all need the grace of God
About God's great love towards all humans
Help us to see you, Jesus, in whoever we meet
Help us to create good places to meet where we can pray with those who have yet to receive you

We pray for all who have moved away from the church communities. That they may find their faith again.

Help us not to judge others but to show, through our way of living, which encourages others to explore Christianity for themselves and the help of others.
For those searching for spiritual power, reality and truth

Thank you Jesus that you walk with us.

"Howbeit many of them which heard the word believed; and the number of the men was about five thousand." (Acts 4:4)

16-17

People in different situations in their lives

For this cause I bow my knees unto the Father of our Lord Jesus Christ, of whom the whole family in heaven and earth is named, that he would grant you, according to the riches of his glory, to be strengthened with might by his Spirit in the inner man; that Christ may dwell in your hearts by faith; that ye, being rooted and grounded in love, may be able to comprehend with all saints what is the breadth, and length, and depth, and height; and to know the love of Christ, which passeth knowledge, that ye might be filled with all the fulness of God.

(Ephesians 3:14-19)

Lord, we pray...

For families, children and young people (Matthew 18: 5-6)
For the unborn children and their families (Psalm 139: 11-16)
Give Gods wisdom the preparation of the biotechnology legislation

For those who are ill or have trials because of problems with economy or relationships

For the elders (Psalms 92:15) and those who are lonely

For those who have lost the relationship to you (Luke 15: 3-32)
For all who thirsts and longs after you (Isaiah 41: 17-20)
For all those who do not know the Lord (Isaiah 55: 1-3 and 6-7)

Thank you, God, for your love for everyone. Create a longing for you in every human being.

*Our Father in heaven
Hallowed be thy name
Your kingdom come
Let your will be done, on earth as in heaven
Give us this our daily bread and forgive us our sins
as we forgive our debtors
And lead us not into temptation, but deliver us from evil
For the kingdom is yours and the power and glory forever and ever
Amen*

17-18

Todays world and The Middle East

For I was hungry, and you gave me nothing to eat, I was thirsty, and you gave me nothing to drink, I was a stranger, and you did not invite me in, I needed clothes and you did not clothe me, I was sick and in prison, and you did not look after me. "He will reply, 'Truly I tell you, whatever you did not do for one of the least of these, you did not do for me.

(Matthew 25, 42-43, 45)

Lord, we pray...

Help us to see with Your eyes – on our lives here on earth. (Mark 12: 17-24)

Open our hearts and minds to others' distress

Give us wisdom to treat our earth in a sustainable way.

That nations, governments and every individual in the West may fight for a more just distribution of the Earth's resources.

For worldwide organizations: UN (United Nations) The World Bank, the WTO (world trade organization), WHO (world health organization) and the major powers of the globe (e.g. US, EU, Russia, China,)

We ask you for your light and your leadership in the work towards a just world

About willingness for justice and forgiveness.

For everyone who suffers because of natural disasters, war and accidents.

We ask for constructive assistance from the rich part of the world

We pray for wisdom in the leaders of the world that they may govern wisely.

We pray for that which is important in the news today...

Lord, guide your people in the ways of peace and love.

Give light and strength to those who fight for peaceful solutions

Thank you, God, you have all power in the heavens and here on earth.

The greaving, sick and weary in Trondheim.

Surely he hath borne our griefs, and carried our sorrows: yet we did esteem him stricken, smitten of God, and afflicted. But he was wounded for our transgressions, he was bruised for our iniquities: the chastisement of our peace was upon him; and with his stripes we are healed. (Isaiah 53: 4-5)

Lord, we pray... Be close to your people with your hope, your comfort, your strength and your peace.

Call people to see and act, - call people to visit others.

Make our churches good places to meet for those who are lonely

For those who live in institutions. Provide good care and a positive atmosphere between the employees and the users.

For those who sit at home and rely on home-based services.

Lord, be close to them, give them courage and peace.

We pray that relatives and friends are encouraged to visit and spend time with the lonely.

Give us courage to pray for healing from sickness.

For we are called to do more than the master himself (James 5:14)

For those struggling with

-life and those who carry heavy burdens.

-drugs, anxiety or depression or adjustment problems towards society

-sickness and pain

Comfort and strengthen them and reveal yourself to them.

For those who grieve. Lord, thank you that you are near them in the midst of their sorrow and darkness.

Thank you for your light and your comfort (Psalm 23:4, Isaiah 66:13, 49:13)

Thank you for everyone who shows care and support.

Give us strength, to help carry each other's burdens and give each other comfort as far as we are able to, with the aid of our Lord Jesus Christ.

19-20

Industry and jobs

A false balance is abomination to the Lord: but a just weight is his delight. When pride cometh, then cometh shame: but with the lovely wisdom. The integrity of the upright shall guide them: but the perverseness of transgressors shall destroy them. Riches profit not in the day of wrath: but righteousness delivereth from death.

(Proverbs 11: 1-4)

Lord, we pray... For all activities in business

May leaders and managers do their work in honest and healthy ways.
May generosity and strong ethics characterize the business community.

...a good measure, shaken, packed and brimming is what you will receive in your lap. Because what you measure yourself to, that will be measured back to you.

(Luke 6: 37-38)

For all workplaces. For new jobs, good working environments and good relationships.

We pray for a healthy economy for the entire region.

We pray for a Christian approach for the use of their wealth made by the rich. (eg Gates-malaria, Global fund-aids)

Be close to all those who are affected by the financial crisis, give courage and hope.

Lord, be present in all workplaces. Give strength and courage to all Christian workers to practice their faith and moral code in the workplace.

Allow all places to become places where people get to know you, Jesus, our Savior and Reconciler

Teach us the secret in the blessing by giving a tenth (Malachi 3:10)

"Teach me to know your ways and walk them trustingly step by step!

I know that what I possess, are goods that belongs to you alone.

But if your strong hand will guide me, then I'll never fail.

And for every hope that dies down here, I get another hope in heaven."

(Norw.psalm)

20-21

To those who have responsibility and service at nighttime:

*The Lord is thy keeper: The Lord is thy shade upon thy right hand.
The Lord shall preserve thee from all evil: He shall preserve thy soul. (Psalms
121: 5,7)*

Lord, we pray...

For everyone who is going to have a responsibility tonight
In the hospitals, the healthcare-services, in the home-services and in the
retirement homes.
In the transport industry, drivers, pilots, and train drivers
Production workers
People in service jobs, clubs and hotels
In the police – inside and outside
Phone-guards in the church's SOS.
For volunteers eg “natteraven”
Everyone who has responsibility to maintain safety in the community.

We pray for those who do not own shelter or a home to spend the night in.
For those who can not find (get to) sleep. Let them find comfort and rest in
your presence and spend time in prayer with you.

Let us who do not sleep guard the city with prayer and worship (Nehemiah
4:8-9)

*She perceiveth that her merchandise is good: her candle goeth not out by
night. (proverbs: 31:18)*

Dear God, let your presence be experienced between people.
May human contact between people be constructive and positive.
You give strength and courage.
Give peace and joy in our service.
Thank you that you surround us on all sides.
Create longing for your Word.

In quietness and confidence, our strength will be

21-22

Battle of the spirit. Gods complete armor

Finally, my brethren, be strong in the Lord, and in the power of his might. Put on the whole armor of God, that ye may be able to stand against the wiles of the devil. For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places. Wherefore take unto you the whole armour of God, that ye may be able to withstand in the evil day, and having done all, to stand. Stand therefore, having your loins girt about with truth, and having on the breastplate of righteousness; and your feet shod with the preparation of the gospel of peace; above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked. And take the helmet of salvation, and the sword of the Spirit, which is the word of God: praying always with all prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints; and for me, that utterance may be given unto me, that I may open my mouth boldly, to make known the mystery of the gospel, for which I am an ambassador in bonds: that therein I may speak boldly, as I ought to speak. (Ephesians 6:10-20)

Lord, we pray...

Give me wisdom to distinguish between spirits
Give me strength to stand against the evil one, and when we fall, give me strength to stand up again

Lord, we pray for our community.
Let all decisions made be based on Christian values.

Lord, you have all power in heaven and on earth, all things are possible for you.

Let us pray: In the name of Jesus, everything that is not from you, Lord, go! - in the name of the father, the Son and the Holy Spirit.

We thank and praise your holy name

22-23

Families – spouses, parents and children

So, God created man in his own image, in the image of God created he him; male and female created he them. And God blessed them, and God said unto them, Be fruitful, and multiply, and replenish the earth, and subdue it.
(Genesis 1:27-28)

Lord, we pray...

Bless families and all couples seeking to live in a committing family relationship. You said, "You shall be one!" Help men and women to release themselves from their parents so it can happen.

To all parents: May parents with the help of the Holy Spirit develop their abilities for raising happy and well functioning families, especially where children have special needs. Give wisdom, insight and patience and the ability to give positive feedback and encouragement when children are frustrated and irritated.

Guide parents in their teaching of Christian values to and the Gospel of Jesus to their families. Let children experience a good church environment – the body of Christ. Lord, grant both parents and children the experience God's relationship with them so it becomes real.

We pray that children experience love and that they are valued.

Give them healthy and good values

Give them courage to stand up for their own belief, their own choices and own opinions.

We pray for protection for all children from abuse and neglect

We pray for society, beyond the families, that children and youth experience a healthy and constructive environment. (media, schools, universities, etc)

Help us to put into place Safeguarding practices.

Call people who know you to work among youths and young ones.

"My spirit will I pour out upon your family, my blessing upon your offspring.

They shall grow up like seeds among water, like poplars by streams.

One will say: " I belong to the Lord", another will call himself by Jacobs

name. One shall write in his hand: For the Lord" (Isaiah 44:3-5)

Our new citizens

And I will come near to you to judgment; and I will be a swift witness against the sorcerers, and against the adulterers, and against false swearers, and against those that oppress the hireling in his wages, the widow, and the fatherless, and that turn aside the stranger from his right, and fear not me, saith the Lord of hosts.

(Malachi 3:5)

Lord , we prayFor our new neighbours. Help us be a welcoming church/ society.

For the asylum seekers, let their case get a fair and quick treatment.

May they get the help they need to treat their illnesses and sicknesses.

Create openness and confidence between all peoples wherever they come from. Help us to welcome the stranger. Give us a desire to get to know each other and each others cultures

Help us to create good meeting places for people and culture

Let christian immigrants find themselves comfortable in our churches.

Let immigrants and asylum seekers who do not know You, Jesus , get the possibility to hear about and to follow You.

Therefore, you shall also love the stranger, for you were strangers in Egypt yourself

(Genesis 5:19)

We pray for KIA . (Christian Intercultural Work).

The international church in Betel and all international churches in Trondheim.

We thank you for the staff and volunteers. Give them joy and strength in their ministries.

Jes 58,5-9 "Is this the kind of fast I have chosen, only a day for a man to humble himself? Is it only for bowing one's head like a reed and for lying on sackcloth and ashes? Is that what you call a fast, a day acceptable to the LORD? "Is not this the kind of fasting I have chosen: to loose the chains of injustice and untie the cords of the yoke, to set the oppressed free and break every yoke? Is it not to share your food with the hungry and to provide the poor wanderer with shelter — when you see the naked, to clothe him, and not to turn away from your own flesh and blood? Then your light will break forth like the dawn, and your healing will quickly appear; then your righteousness will go before you, and the glory of the LORD will be your rear guard. Then you will call, and the LORD will answer; you will cry for help, and he will say: Here am I."